

# How to make sure you enjoy your taster sail.

Bring warm, comfortable clothes that allow easy movement.

A waterproof top layer is a good idea, but not essential.

Wear soft flat shoes, eg a pair of old trainers.

A large towel could come in handy.



Buoyancy aids must be worn at all times when on the water.

We do have some spare aids & can lend you one if required.

However, bring your own if you have one.

## Changing rooms are available on the MYC barge.

Please leave your car in one of the Prom car parks

It's only a short walk to the MYC club at the end of the promenade extension

Parking in the compound is not allowed on this occasion due to limited space!